In my Textbook(Calculus), the following question are given:

Q: *Show that:*

 $\lim_{x\to\pm\infty}\left(1+\frac{1}{x}\right)\ as\ x\ approaches\ infinity\ while\ taking\ on\ positive$ or negative real values.

Sol:

Let $x \to \infty$. Since x is positive, there exists a positive integer n such that:

Step#1:
$$n \le x < n+1$$

My Problem:

My Problem is : In the above Solution, Please define and explain Step # 1.

Please tell me as soon as possible...!

Thanks a lot for this...!